Dharma Talk: "A World of Chan (Zen): Coping with Life from the Chan Buddhist Perspective"

6/16 (Friday) 7pm – 9pm

Location: Pure Mind Center, 7825 Olive Blvd., U. City, MO 63130

Languages: English

Description: Read any newspaper or subscribe to any social media, and you will find that the world is changing in the blink of an eye. Decisions made in one instant can have huge ripple effects throughout the world. In times of uncertainty, it is easy to succumb to fear or a sense of helplessness in the face of the global changes we read about from day to day. This lecture will explore how the wisdom of Chan Buddhism can help us fearlessly face life's challenge

Free to the public. Donations are welcome.