

One Day **Relaxation** Meditation

Instructor: Abbot, Guo Yuan Fashi

Cultivating peace and clarity of mind
through Chan practice.



Are you exhausted?

April 14, 2018
Saturday, 9am – 4pm

Organizer: Pure Mind Center/ DDMBA-St Louis

Location: Pure Mind Center

Participant: This program is open and free to
the public. Donations are welcome.

Online Registration: Required

Email: info.puremindcenter@gmail.com

Tel: (314) 277-5640

Detail Information: www.puremindcenter.org