

Half-Day Reciting Buddha's Name Retreat

Lead by: Abbot, Ven. Guo Yuan

To practice mindful reciting of Amitabha Buddha's name, to control our six senses with continuous pure thoughts. This program includes: Reciting Buddha's name, Moving Meditation, Walking Meditation, Sitting Meditation.



Information: www.puremindcenter.org

Online Registration Click [HERE](#)

Sep. 15, 2019
1:30pm - 4:30pm

Pure Mind Center
7825 Olive Blvd., U. City

Open free to the public. Donations are welcome.
Organizer: Pure Mind Center/DDMBA-St Louis