

The Practice of Mindful Reciting Buddha's Name

To practice mindful reciting of Amitabha Buddha's name, to control our six senses with continuous pure thoughts. This program includes: Reciting Buddha's name, Moving Meditation, Walking Meditation,



When: Every 2nd Sunday of Each Month

Time: 10am – noon

Place: Pure Mind Center, 7825 Olive Blvd., U. City

Organizer: DDMBA-St Louis/Pure Mind Center