

## 3 or 5-Day Chan Meditation Retreat Application

### 7/3/2019 – 7/7/2019

TEACHER:	Guo Gu (Jimmy Yu, PhD)
VENUE	Cabin Sites, Washington State Park, De Soto
DATE	7/3/2019 – 7/7/2019
CHECK-IN	7/3/2019      4:30pm ~ 6:00pm
ENDS	7/5/2019      4:00pm (3-Day) 7/7/2019      3:00pm (5-Day)
OPENING	Limited to 20 practitioners.
REGISTRATION	Open until 5/24/2019.
REQUIRMENT	Applicant must have completed at least a one-day meditation retreat.

#### PERSONAL DATA

FIRST NAME:	FAMILY NAME:	
GENDER:      Female      Male	OCCUPATION:	
DATE OF BIRTH:	EDUCATION:	
TELEPHONE: HOME:	CELL PHONE:	WORK:
Email:	Contact by Email?	Yes      No
STREET ADDRESS:		
CITY:	STATE:	
ZIP CODE:	COUNTRY:	
EMERGENCY CONTACT PERSON:	CONTACT NUMBER:	

#### PRACTICE HISTORY

Have you studied meditation before?	Yes	No		
If yes to question above, where? And, in what tradition?				
How many years have you been practicing meditation?				
Do you practice meditation regularly?	Daily	Weekly	Irregularly	Never
Date of last retreat (3 days or longer):	<i>(month and year)</i>			
Last retreat (3 days or longer) with teacher's name:				
If you have additional comments about your practice, please enter the information below:				

<b>FEE</b> ❖ <b>Note:</b> <b>Retreat Fee : Not Tax-Deductible As Charity</b>	\$150-\$350 per person (lodging and meals are included.) (Priority acceptance to the retreat will be offered to those who register for the 5-Day retreat.) Please indicate your first and second choices below. We will try our best to accommodate your first choice. Please note that there are a limited number of single occupancy rooms. Scholarship: upon request.	
<b>3-DAY RETREAT (7/3-7/5)</b>	_____ Double Bed Room: \$180 _____ Sofa Bed: \$150	
<b>5-DAY RETREAT (7/3-7/7)</b>	_____ Private Room: \$350 _____ Double Bed Room: \$300 _____ Sofa Bed: \$250	
<b>DONATION: (OPTION)</b> Note: Donation to support Pure Mind Center is tax-deductible as allowed by law.	Donation Amount: \$_____	
<b>TOTAL AMOUNT ENCLOSED</b>	<b>RETREAT FEE:</b> _____ <b>DONATION:</b> _____ <b>TOTAL AMOUNT ENCLOSED:</b> _____ <b>CHECK#:</b> _____ <b>or CASH:</b> _____	
<b>APPLICATION</b>	Please submit in person/by mail/email to:  Pure Mind Center 7825 Olive Blvd., U. City, MO 63130	Please title check to <b>Pure Mind Center</b>  Print applicant's name and 3 or 5 Day Medication Retreat on Check Memo.
<b>TRANSPORTATION (please circle one)</b>	Do you need a ride to retreat venue? Yes No  Would you be able to offer a carpooling for other practitioners? Yes No  If yes to the question above, how many seats would you have available?	
<b>MEDICAL CONDITION</b>		
We request the following information from the applicant to help us determine if the participant will aggravate a serious medical condition, endanger his/her health, or disrupt the functioning of a retreat. Please assist us by providing complete, accurate, and		

current information in all applicable categories. The information provided will be kept strictly confidential to protect the applicant's privacy.

If you have/had high or low blood pressure, heart problem, major surgery, allergy, infectious disease, have been treated for any serious emotional or psychological problems, or have experienced serious back or leg ailments, signs of a headache, dizziness, palpitation, shortness of breath due to meditation, please briefly state the nature of each issue and its current condition.

**Remarks:**

\*Please be advised that the applicant reserves the right to provide all personal information. However, if the applicant refuses to provide correct and complete information as needed, the application might be delayed for review or not processed. Please pardon Pure Mind Center for any inconvenience caused.

**EMERGENCY CONTACT (\*Required):**

NAME: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_

RELATIONSHIP: \_\_\_\_\_

**PLEASE CHECK BOX BELOW (Required)**

By checking this box, I testify that all the above information provided is correct and complete. I understand that I may be excluded from future participation if withholding any necessary information. If my application is accepted, I agree to finish the entire event. I understand that if I leave the event/property without permission, my application to future events may not be accepted. I agree to relieve Pure Mind Center, DDMBA-St Louis and other related personnel from all liabilities in the event of any injury or illness incurred while I am on the retreat site.

\_\_\_\_\_  
APPLICANT'S SIGNATURE

\_\_\_\_\_  
APPLICANT'S NAME (Please print clearly)

\_\_\_\_\_  
DATE

**ORGANIZED BY**

Pure Mind Center/ Dharma Drum Mountain Buddhist Association, St Louis  
(DDMBA-St Louis)

**LEADING TEACHER**

Guo Gu (Jimmy Yu, PhD) is one of Master Sheng Yen's senior lay teachers and translators, assisting with and leading activities at the Chan Meditation Center, Dharma Drum Retreat Center, and Dharma Drum Mountain, Taiwan. In 1982, while still quite young, he learned meditation from Master Sheng Yen, and began practicing Chan intensively in 1989. He was also the personal monastic attendant and assistant to Master Sheng Yen for almost nine years, and then in 1995, he was given permission by the Master to teach (inka) Chan. He has led retreats in various parts of the United States, Europe, and Asia. Guo Gu is now the guiding instructor for the Western Dharma Teachers at the Chan Meditation Center. He received his doctorate in Buddhist Studies in 2008 from Princeton University, and is now an Assistant Professor at Florida State University. Currently, he is the leader of the Tallahassee Chan Group, which meets regularly at the Tallahassee Buddhist Community in Florida.

<p><b>CURRICULUM</b></p>	<p>Lectures, meditation, Yoga &amp; moving meditation, outdoor activities, mindfulness daily working practice, and more.</p>
<p><b>REMARKS</b></p>	<p><b>Please note we will only begin to review your application after receiving BOTH of your application and registration fee.</b></p> <p>The application deadline is Friday, May 24, 2019. You will receive a confirmation letter via an e-mail or mail on/before May 28, 2019.</p> <p>Please submit your registration fee in person/by mail to:</p> <p>Pure Mind Center 7825 Olive Blvd., U. City, MO 63130</p> <p>Please title your check to "Pure Mind Center," and indicate your name and program (3 or 5-day retreat) as the memo. If we are unable to accept your application due to the limit of space, we notice you and return your check.</p> <p>Refund policy: If you cannot make it because of some emergency, you must notify us as soon as possible. If you notify us by 11:59 pm on June 1, 2019, you will receive a full refund. Requests received on June 2nd or later will not be considered for a full refund.</p> <p>A threat of severe weather - In the case of severe weather, we will call each registrant and switch the location of the retreat to the Pure Mind Center in St. Louis.</p> <p>For further questions, please contact the Pure Mind Center via e-mail: info.puremindcenter@gmail.com</p>
<p><b>ABOUT THE LEADING TEACHER</b></p>	<p>Guo Gu (Jimmy Yu, PhD) is one of Master Sheng Yen's senior lay teachers and translators, assisting with and leading activities at the Chan Meditation Center, Dharma Drum Retreat Center, and Dharma Drum Mountain, Taiwan. In 1982, while still quite young, he learned meditation from Master Sheng Yen, and began practicing Chan intensively in 1989. He was also the personal monastic attendant and assistant to Master Sheng Yen for almost nine years, and then in 1995, he was given permission by the Master to teach (inka) Chan. He has led retreats in various parts of the United States, Europe, and Asia. Guo Gu is now the guiding instructor for the Western Dharma Teachers at the Chan Meditation Center. He received his doctorate in Buddhist Studies in 2008 from Princeton University, and is now an Assistant Professor at Florida State University. Currently, he is the leader of the Tallahassee Chan Group, which meets regularly at the Tallahassee Buddhist Community in Florida.</p>