

# Vesak Day

*Commemorating the Birth, Enlightenment and Death of the Buddha*

Sponsored annually by the Buddhist Council of Greater St. Louis

**Sunday, June 2, 2013**

**10:00 a.m. to 3:30 p.m.**

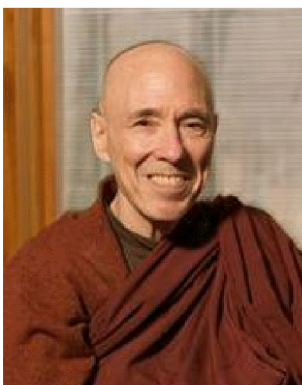
**Mid-America Buddhist Association (MABA)**

**Augusta, Missouri**

**Free and Open to the Public**

**Guest Speaker:**

*Ven. Bhikkhu Bodhi is the President of the Buddhist Publication Society (BPS). He is founder of the "Buddhist Global Relief," fighting hunger across the World. His numerous publications include The Noble Eightfold Path, The Middle Length Discourses of the Buddha, Numerical Discourses of the Buddha, The Connected Discourses of the Buddha, A Comprehensive Manual of Abhidhamma, In the Buddha's Word: An Anthology of Discourses from the Pali Canon*



## Vesak Day Schedule of Events

- 10:00 - 10:15 AM** *Opening Ceremony, led by the Monastics*  
**10:15 - 10:45 AM** *Bathing Buddha Rite, led by the Monastics*  
**10:45 - 11:45 AM** *Insight Meditation and Dharma Talk on "Mindfulness of Breathing" by Ven. Bhikkhu Bodhi (Children's program under the tent: yoga, stories, mala making, and mandala work.)*  
**11:45 - 1:00 PM** *Vegetarian Lunch*  
**1:00 - 1:30 PM** *Walking Meditation to the Guan Yin Pavilion (Pebble Meditation for Children, led by Eileen Heidenheimer.)*  
**1:30 - 3:30 PM** *Meditation, followed by Dharma Talk on "Buddha's Teachings from the Pali Canon" by Ven. Bhikkhu Bodhi, with Q & A*  
**3:30 PM** *Dedication of Merit & Closing Ceremony*

Directions: From St. Louis, take Hwy 40 (I-64) west over the Missouri River Bridge. The next exit after the bridge is Hwy 94 to Augusta. Take a left and go approx. 25 miles on Hwy 94 southwest and follow the signs to MABA located near Augusta. See MABA Website at: [www.maba-usa.org](http://www.maba-usa.org)  
For more information contact: Don Sloane 314-576-4900, e-mail [donshushu@maba-usa.org](mailto:donshushu@maba-usa.org)

**Other Talks, Walk & Retreat with Ven. Bhikkhu Bodhi** ([www.buddhistcouncilstl.net](http://www.buddhistcouncilstl.net) for details)

**MABA, Augusta, MO: 2-Day Retreat - Fri. & Sat. June 7 & 8**, starting at 8:30 a.m. [www.maba-usa.org](http://www.maba-usa.org)

**Wat Phrasriratanaram: Sat. June 8, 7 - 9 p.m.** Dharma talk & Meditation on

"4 Foundations of Mindfulness" [www.stlthaitemple.org](http://www.stlthaitemple.org) 890 Lindsay Lane, Florissant, MO 63031

**St. Louis Gateway Arch: Sun. June 9, 1:00 p.m.** "Walk to Feed the Hungry" Buddhist Global Relief.

Registration \$25 (T-Shirt included) Sign up thru <http://www.maba-usa.org/BuddhistGlobalReliefWalk.html>

**Pure Mind Center: June 11, 7 - 9 p.m.** Dharma talk: "A Balanced Approach to Dharma Practice"

[www.puremindcenter.org](http://www.puremindcenter.org) 7825 Olive Blvd, University City, MO 63130